



# First Friday!

## DECEMBER 1

### Introducing **FIRST FRIDAYS!**

Starting in December, you are invited to attend all of our First Friday Social events. Each month, the topic or activity will change. We will welcome your suggestions for activities and topics.

Join us **Friday December 1st**, for warm festive beverages, and holiday treats. We will have multiple puzzles out for you to work on as you mingle. Feel free to bring a friend!

**FREE TO ALL WHO ARE INTERESTED!** Adults only

Friday December 1, 2023 at 1:00 pm in the Huisking Room.

**REGISTER HERE**

For more information, please contact:  
**Lisa O'Connor, Wellness Director**  
203.775.4444 ext 13

**Regional YMCA of Western Connecticut**  
2 Huckleberry Hill Road, Brookfield, CT 06804  
203 775 4444 • [regionalyymca.org](http://regionalyymca.org)